



THE MESSENGER

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An A.A. © Newsletter for District 2
Serving Hillsdale, Jackson, and Lenawee Counties



?? OF THE MONTH When does your courage show up??

When I do it anyway. Period. Anne M
When I ask God. Jen G.

It only takes 30sec of courage. "Once you open your mouth, your foot is in the door, everything else takes care of itself. Nathan B.

When I volunteer for something that I have no idea how to do. When I take a meeting to a corrections or treatment facility. When show up at a speaker meeting and share my experience strength and hope. And pray I don't stutter. Anonymous

My courage shows up when (and only when) I am able to live my life according to what is real and true. Tom G.

Just after the Serenity Prayer. Brian G.

When I'm at peace, knowing that my relationship with Jesus Christ is secure. Eric H.

Courage shows up for me when, I am willing to face those things that maybe I don't want to look at, (in myself) that I can change, and I begin to do the work, leaving the results in the hands of my Higher Power. Isaac B.

Right when I have to defend my answer. Another way to say that is, when I believe it myself. It's easy to have courage when you find that little bit of backbone that says "this is over, I quit." Dee H.

Sharing honestly what I'm feeling. Rick C.

My courage shows up when keeping boundaries. Saying yes or no, knowing that I am not to do anything with expectations. To stop resentful relationships. Deb B.

Good spiritual ground, and the fellowship are paramount in my life. Don D.

Courage is often found in the quiet moments with no audience.

Joke Square



Thanks V!

The 4th Spiritual Principle of Alcoholics Anonymous **Courage**

The quality of mind or spirit that enables a person to face difficulty, danger, pain, etc., without fear.



While doing a 4th Step.

Courage does not always roar. Sometimes courage is the quiet voice at the end of the day saying, 'I will try again tomorrow.'

Mary Anne Radmacher

EVERYDAY POWER

From the **Sponsorship, Service and Emotional Sobriety Panel** on March 9th

"A sponsor/sponsee relationship starts when the sponsee is sponsorable."

"Be a member, not an attender." *Jon S. Alternate Delegate, Area 32*

"Service work has saved my sobriety." *Don Mc. Past Delegate, Area 32*

"Anger is a secondary emotion." *Kate L.L. Current Delegate, Area 32*

"We lose the fear of making decisions, great and small, as we realize that should our choice prove wrong, we can, if we will, learn from the experience. Should our decision be the right one, we can thank God for giving us the courage and the grace that caused us to act."

Letter 1966, as Bill Sees It, page 253.